5 Minute Feedback for Managers

A framework for giving give effective, constructive feedback in under five minutes.



Step 1: Prepare for the Conversation - 30 sec

Ask yourself: "What is the behavior I want to correct or reinforce?"



Step 2: Describe the Behavior - 1 min

Be specific and objective, talk about the action not the person: "I noticed you submitted the report two days early."



Step 3: Explain the Impact - 1 min

Connect the behavior directly to the effect: "That really helped the team stay ahead of the deadline."



Step 4: Ask for Input - 1 min

Encourage reflection and conversation: "What helped you complete that report early?"



Step 5: Create Next Steps - 1 min

Encourage repetition of positive actions or improvement where needed: "Let's aim for that same timeframe on this next project."

Need a Script?

"I noticed you [behavior]. That [impact]. What do you think?... Going forward, let's [next step]."